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## Respiratory Therapy & Medical Equipment Services

*HCS... The Leading Company in the Merrimack Valley,  
North Shore and Southern New Hampshire*

**24 Hour  
Emergency  
Number:  
1-978-373-7771  
1-800-698-8113**

# Patient Instructions Medication Nebulizer

THIS UNIT IS TO BE USED ONLY AS PRESCRIBED BY A PHYSICIAN

### NEBULIZER OPERATION:

1. Place the equipment on a stable surface so the controls can be easily reached. Plug power cord into a grounded electrical outlet.
2. Connect tubing to the tubing adapter on the unit. Connect the other end of the tubing to the nebulizer cup.
3. Add the medication into the nebulizer cup. Be careful to use the medication only as prescribed by the physician.
4. Place the T-piece, mouthpiece, or the mask only onto the nebulizer.
5. Press the On/Off switch to the On position. A continuous mist should be visible.
6. Sitting in an upright position, inhale slowly and hold your breath for 3 to 5 seconds. Exhale slowly.
7. Continue as directed until all medication is gone and there is no longer a visible mist.
8. A productive cough is encouraged during this treatment, but if you need to rest or cough excessively, turn the switch to the off position so as not to waste the medication. Turn the switch to the On position when ready to resume treatment.
9. When treatment is complete, follow the cleaning instructions. Check felt filter monthly and change as needed.
10. If you have any questions about the use of your nebulizer, please contact our professional staff.

11. When supplies are needed, please contact us during normal business hours.  
Allow 1 to 2 days for delivery of supplies.
12. If you have any questions about your therapy, please call Home Care Specialists.

**CLEANING AND DISINFECTING THE NEBULIZER:**

After each treatment:

- A. Rinse nebulizer cap.
- B. Shake off excess moisture.
- C. Lie on a towel to dry.

Daily:

- A. Disassemble nebulizer and hand wash parts with liquid detergent and warm water.
- B. Rinse well and shake off excess moisture.
- C. Place on a paper towel to dry. **DO NOT USE THE PAPER TOWEL TO DRY THE UNIT.**

Every other day:

- A. Soak the pre-washed nebulizer for 30 minutes in one-part white vinegar and one-part water solution.
- B. Rinse well and shake off excess water.
- C. Place on paper towel to air-dry. **DO NOT USE THE PAPER TOWEL TO DRY THE UNIT.**

The tubing, which runs from the compressor to the nebulizer, carries dry, filtered air. If the tubing becomes dirty or develops moisture, clean and dry by connecting to compressor outlet and turn on compressor until tubing is dry.